



Waffles Crispy edges, fluffy insides.

Spicy
GF Gluten-Friendly

CHICKEN & WAFFLES

Golden-brown Belgian waffle topped with 4 crispy chicken strips & served with choice of sauce.

BELGIAN WAFFLE V

Our traditional golden-brown Belgian waffle topped with whipped real butter.



World-Famous Pancakes

Light & fluffy world-famous buttermilk pancakes griddled fresh to order.

CINN-A-STACK®

THE FAN FAVOURITE IS BACK 4 pancakes layered with cinnamon roll filling & topped with cream cheese icing.

STRAWBERRY BANANA V

4 pancakes filled with fresh banana slices. Topped with glazed strawberries & more banana slices.

DOUBLE BLUEBERRY V

4 pancakes filled with blueberries & topped with blueberry topping.

NEW YORK CHEESECAKE V
4 pancakes filled with cheesecake bites
& topped with glazed strawberries.

MEXICAN TRES LECHES

CHOCOLATE CHOCOLATE

CHIP V
4 chocolate pancakes filled with chocolate chips & topped with chocolate drizzle. Available in buttermilk.

CUPCAKE4 pancakes filled with rainbow sprinkles.
Topped with cupcake icing.

ORIGINAL BUTTERMILK V

5 world-famous buttermilk pancakes topped with whipped real butter.

ORIGINAL GLUTEN-FRIENDLY @ V

4 fluffy gluten-friendly pancakes topped with whipped real butter.

Protein Pancakes

Made with whole grain rolled oats, barley, rye, chia & at least 37 grams of protein in a 4-stack.

LEMON RICOTTA MIXED BERRY PROTEIN V
4 protein pancakes loaded with blueberries, topped with lemon ricotta & seasonal mixed berry topping. Add a squeeze of lemon for an extra zing!

STRAWBERRY BANANA PROTEIN V

4 protein pancakes filled with fresh banana slices. Topped with glazed strawberries & more banana slices.

PROTEIN POWER ♥
4 protein pancakes topped with whipped real butter.



Thick 'N Fluffy French Toast

Thick & Fluffy artisan bread dipped & griddled in our vanilla, cinnamon french toast batter.

STRAWBERRY BANANA

2 slices topped with glazed strawberries, fresh banana slices & powdered sugar.

LEMON RICOTTA MIXED BERRY

2 slices topped with lemon ricotta, seasonal mixed berry topping & powdered sugar.

CLASSIC

2 slices topped with whipped real butter & powdered sugar.



Sweet & Savoury Crepes

Thin, delicate, French-style pancakes made with real eggs & griddled to order.

BREAKFAST

2 crepes filled & rolled with scrambled eggs‡, crispy bacon, crispy hash browns, white cheese sauce & Jack & Cheddar cheeses.

CHICKEN PESTO

2 crepes filled & rolled with grilled chicken, nut-free pesto, Jack & Cheddar cheeses & roasted cherry tomatoes.

LEMON RICOTTA MIXED BERRY

2 delicate crepes filled with lemon ricotta, topped with seasonal mixed berry topping, more lemon ricotta & powdered sugar. Add a squeeze of lemon for an extra zina!

FRESH BERRY V

4 crepes folded & topped with fresh strawberries. Add a squeeze of lemon for an extra zing!

CINNAMON BUN

2 crepes filled & rolled with cheesecake mousse, drizzled with cinnamon bun filling & cream cheese icing, topped with fresh strawberries & powdered sugar.

BANANA WITH NUTELLA

4 crepes topped with Nutella® The



Eggs Benedict

Creamy hollandaise, poached eggs, toasty English muffin. Served with Hash Browns V. Substitute Seasonal Fresh Fruit V.

CANADIAN CLASSIC

Canadian-style peameal bacon on an english muffin, 2 poached eggs & hollandaise.

PESTO VEGGIE

Sautéed spinach, mushrooms, roasted cherry tomatoes, nut-free pesto, poached eggs* & hollandaise on a toasted English muffin.

BOURBON BACON JAM

Bourbon bacon jam, crispy bacon strips, poached eggs* & hollandaise on a toasted English muffin.

SPICY POBLANO 🔇

Fire-roasted poblano peppers, red bell peppers & onions, shredded beef, chopped serrano peppers, poached eggs* & poblano hollandaise on a toasted English muffin.

- Spicy
 GG Gluten-Friendly

‡ Made with a splash of buttermilk & wheat pancake batter.

NOTICE: SOME ITEMS MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD,
SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Make it a Griddle Combo

NEW WAFFLE COMBOChoice of Belgian, Strawberry Cheesecake or OREO® Cookie Crumble Waffle, 2 eggs* your way, 2 bacon strips or pork sausage links & hash browns.

THICK 'N FLUFFY FRENCH TOAST **COMBO**

Choice of 1 slice of Classic, Strawberry Banana or Lemon Ricotta Mixed Berry Thick 'N Fluffy French Toast, 2 eggs*, 2 bacon strips of pork sausage links & hash browns.

WORLD-FAMOUS PANCAKE COMBO

Choice of any 2 same-flavoured pancakes, 2 eggs*, 2 bacon strips or pork sausage links & hash browns.

Make it with Original Gluten-Friendly Pancakes! @

CREPE COMBO

Choice of 1 Fresh Berry, 1 Lemon Ricotta Mixed Berry, 1 Cinnamon Bun Crepe or 1 Banana Nutella Crepe, 2 eggs*, 2 bacon strips or pork sausage links & hash browns.





PORK SAUSAGE LINKS

SLICE OF HAM @

TURKEY BACON STRIPS 6

NEW SAUSAGE PATTIES FROM PLANTS & V

HASH BROWNS @ V

SEASONAL FRESH FRUIT GF V

CANADIAN MAPLE SYRUP GF

CANADIAN-STYLE PEAMEAL BACON ©

NOTICE: SOME ITEMS MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Prices are subject to all applicable taxes and NFDF fees. USD pricing subject to change.

Prices are subject to all applicable tax 17% gratuity for groups of six or more

Omelettes

Made with a splash of buttermilk & wheat pancake batter to make our omelettes light & fluffy!

Served with choice of 3 Buttermilk Pancakes \bigvee , Hash Browns \bigvee or Buttered Toast. Substitute 3 Flavoured Pancakes from pancakes section or Seasonal Fresh Fruit. \bigvee . Excludes Pesto Egg White Veggie Omelette, which is served as described.

BIG STEAK

Steak, hash browns, green peppers, onions, mushrooms, tomatoes & Cheddar cheese. Served with salsa.

SPICY POBLANO ง

Fire-roasted poblano peppers, red bell peppers & onions, shredded beef, Jack & Cheddar cheeses, avocado, poblano cream & chopped serrano peppers.

CHICKEN FAJITA

Grilled chicken breast with fire-roasted poblano & red bell peppers, onions & Jack & Cheddar cheeses. Served with salsa, sour cream & a grilled serrano pepper.

SPINACH & MUSHROOM

Sautéed spinach, mushrooms, onions, tomatoes, hollandaise & Jack & Cheddar cheeses.

COLORADO

Bacon, shredded beef, pork sausage, ham, green peppers, onions & Cheddar cheese. Served with salsa.

BACON TEMPTATION

Chopped crispy bacon, Jack & Cheddar cheeses, tomatoes & white cheese sauce.

PESTO VEGGIE EGG WHITE @ V

Egg white omelette with sautéed mushrooms, roasted cherry tomatoes, nut-free pesto & avocado. Served with seasonal fresh fruit.

Build Your Own Omelette

BUILD YOUR OWN OMELETTE

CHOOSE YOUR CHEESE

Processed
Jack & Cheddar V
Cheddar
Three-Cheese Blend V

CHOOSE YOUR ADD-INS

Bacon
Pork Sausage
Nut-Free Pesto V
Ham
Extra Cheese
Sautéed Mushrooms
Sautéed Green Peppers & Onions V
Hash Browns V
Roasted Cherry Tomatoes
Fresh Tomatoes
Sautéed Spinach
Fresh Avocado V



Breakfast Combos

WHOLESOME SUBSTITUTIONS Egg Whites | Turkey Bacon.

BREAKFAST SAMPLER

2 eggs*, 2 bacon strips, 2 pork sausage links, 2 pieces of ham, hash browns & 2 buttermilk pancakes.

SIRLOIN TIPS* & EGGS

Sautéed with onions & mushrooms, served with 2 eggs*, hash browns & 2 buttermilk pancakes.

SMOKEHOUSE COMBO

1 jumbo smoked sausage link cut in half, 2 eggs*, hash browns & 2 buttermilk pancakes.

2 eggs*, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes.

SOUTHWEST SCRAMBLE

Scrambled eggs[‡] with Jack & Cheddar topped with salsa & avocado. Served with red potato pepper & onion hash or hash browns & side choice of toast or 2 buttermilk pancakes.

SPLIT DECISION BREAKFAST

2 eggs*, 2 bacon strips, 2 pork sausage links, 2 buttermilk pancakes & 1 slice of our Classic Thick 'N Fluffy French Toast.

COUNTRY FRIED STEAK & EGGS

Smothered in country gravy. Served with 2 eggs*, hash browns & 2 buttermilk pancakes.

NEW PLANT-BASED SAUSAGE POWER COMBO ♥

2 sausage patties made from plants, scrambled Egg whites, seasonal fresh fruit & choice of 2 protein pancakes or multigrain toast.

CHICKEN & PANCAKES

4 crispy chicken strips & 3 buttermilk pancakes. Served with choice of sauce.

QUICK 2-EGG BREAKFAST

2 eggs*, hash browns, 2 bacon strips or 2 pork sausage links & toast.

T-BONE STEAK & EGGS

10 oz. T-Bone steak* served with 3 eggs* & 3 buttermilk pancakes.

AVOCADO TOAST V

Grilled multigrain bread topped with freshly sliced avocado & roasted cherry tomatoes. Served with choice of seasonal fresh fruit or hash browns. Seasonal availability may vary.

Top it off with 2 eggs.

Top it off with 2 eggs & 2 bacon strips.

BREAKFAST BURRITO OR BOWL

Scrambled eggs‡, bacon or sausage, Jack & Cheddar cheeses, hash browns & a side of salsa. Served either wrapped in a warm tortilla or scrambled in a bowl. Served with a choice of 2 buttermilk pancakes, hash browns, buttered toast or French fries. Add avocado.

SOUTHWEST CHICKEN BURRITO OR BOWL

Grilled chicken, scrambled eggs‡, bacon pieces, green peppers & onions, tomatoes, queso sauce, Jack & Cheddar cheeses, hash browns, avocado & a side of salsa. Served either wrapped in a warm tortilla or scrambled in a bowl. Served with a choice of 2 buttermilk pancakes, hash browns, buttered toast or French fries.



Ultimate Steakburgers & Chicken Sandwiches

Served with choice of French Fries \heartsuit , Onion Rings \heartsuit or 2 Buttermilk Pancakes \heartsuit Substitute Fresh Fruit or Side Salad \heartsuit .

Choose Your Protein -

100% Canadian Angus Beef Crispy Chicken Breast Made with all-natural chicken. Seasoned Grilled Chicken Breast Made with all-white meat chicken. Burger Patty V
Made from plants for meat lovers.

Upgrade your cheese to a three-cheese crisp made with sharp Cheddar, swiss, fontal & gruyère. Add 2.99 (2.24 USD)

JALAPEÑO KICK 🖠

Now with a three-cheese crisp. Spicy blend of sautéed jalapeños, serrano peppers & onions, crispy bacon, three-cheese crisp, lettuce, tomato & mayo.

COWBOY BBQ

Onion rings, crispy bacon, Processed cheese, lettuce, tomato & tangy BBQ sauce.

BOURBON BACON JAM

Bourbon bacon jam, crispy bacon, Processed cheese, lettuce & mayo.

THE CLASSIC

Processed cheese, lettuce, tomato, red onion, pickles & IHOP® sauce.

Make it a double steakburger with cheese.

BIG BRUNCH

Crispy bacon, fried egg*, Processed cheese & IHOP® sauce.

THE CLASSIC WITH BACON

Crispy bacon, Processed cheese, lettuce, tomato, red onion, pickles & IHOP® sauce.

Make it a double steakburger with cheese.



Hand-Crafted Melts

Served with choice of French Fries \heartsuit , Onion Rings \heartsuit or 2 Buttermilk Pancakes \heartsuit Substitute Fresh Fruit or Side Salad \heartsuit 2.99 (2.24 USD).

NEW NASHVILLE HOT CHICKEN MELT ()

Crispy chicken breast strips tossed in Nashville hot sauce, with mayo, pickles, three-cheese blend & Processed cheese on grilled, thick-cut bread. Served with a side of ranch dressing.

CALI ROASTED TURKEY MELT

All-natural roasted turkey breast, crispy bacon, three-cheese blend, roasted cherry tomatoes, fresh avocado & mayo on grilled multigrain bread.

PHILLY CHEESESTEAK STACKER

Grilled sirloin steak, onions & Processed cheese on a grilled roll.

BLTA

6 bacon strips, lettuce, tomato, avocado & mayo on grilled sourdough.

HAM & EGG MELT

Sliced ham, fried egg* & processed cheese on grilled, thick-cut bread.





55+ Menu

Special value for guests age 55+

55+ BREAKFAST SAMPLER

1 egg*, 1 bacon strip, 1 pork sausage link, 1 thick-cut piece of ham, hash browns & 1 buttermilk pancake.

55+ RISE 'N SHINE

2 eggs*, hash browns, 2 bacon strips or 2 pork sausage links & toast.

55+ THICK 'N FLUFFY FRENCH TOAST 1 slice of Classic Thick 'N Fluffy French Toast & 2 crispy bacon strips or 2 pork sausage links.

55+ CHEESE OMELETTE

Made with Cheddar & a splash of buttermilk & wheat pancake batter. Served with 2 buttermilk pancakes.

WHOLESOME SUBSTITUTIONS Egg Whites | Turkey Bacon

Appetizers

JALAPEÑO CHEESE BITES © 6 golden, crispy jalapeño & Cheddar cheese bites served with buttermilk ranch for dipping.

CHICKEN QUESADILLA
Diced grilled chicken breast, fire-roasted
poblano & red bell peppers, onions & melted
Jack & Cheddar cheeses in a warm, grilled
tortilla. Served with salsa, pickled jalapeños
& sour cream.

MOZZA STICKS 6 mozzarella cheese sticks with a crispy outside & a gooey inside. Served with marinara.

APPETIZER SAMPLER
Mozza sticks, onion rings & crispy
chicken strips served with marinara
& choice of sauce.

CINNAMON DIPPERSDonut holes tossed in cinnamon sugar.
Served with cream cheese icing
& dulce de leche caramel sauce.



Kid's Menu 12 & under

Kids Drinks

SILVER 5

5 silver dollar pancakes, 1 scrambled egg & 1 bacon strip.

HAPPY FACE PANCAKE COMBO

Chocolate or buttermilk happy face pancake with 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

JR. CUPCAKE PANCAKE COMBO

With 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

JR. CHICKEN & WAFFLES

2 crispy chicken breast strips & 2 Belgian waffle quarters.

JR. MAC & CHEESE

Served with MOTT'S® Applesauce.

JR. CHICKEN STRIPS DINNER

Served with MOTT'S® Applesauce or French fries & a side of ranch.

JR. CHEESEBURGER 100% Canadian Angus Beef steakburger served with MOTT'S® Applesauce.

GRILLED CHEESE SANDWICH Served with MOTT'S* Applesauce.

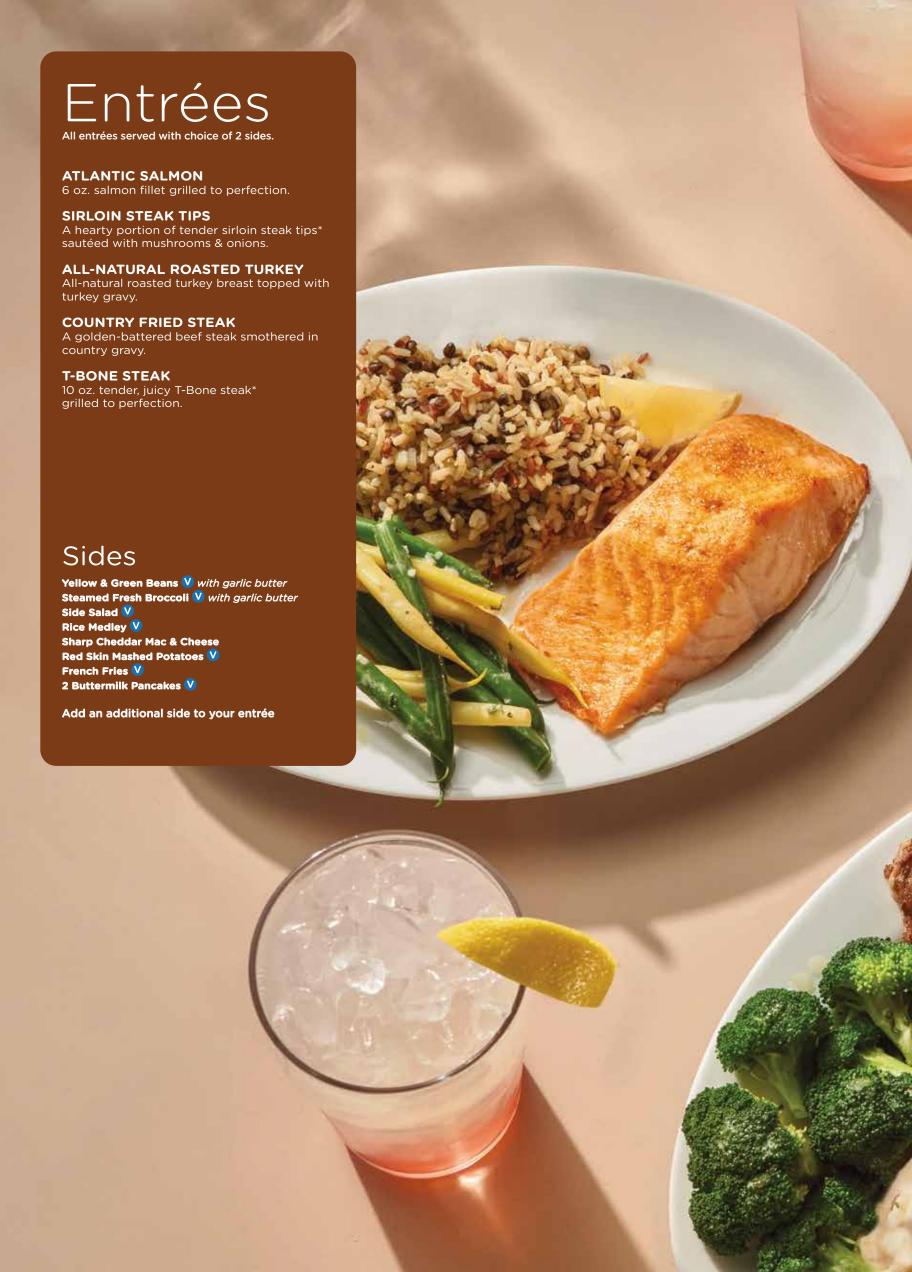


NOTICE: SOME ITEMS MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Prices are subject to all applicable taxes and NFDF fees, USD pricing subject to change. 17% gratuity for groups of six or more.

MOTI's is a registered trademark of Moti's LLP.

Sorry, no coupons or discounts on Kid's items.





Beverages

GF All beverages are gluten-friendly except OREO milkshake.

Coffee, Tea, Juice, Milk, Fountain Drinks & More

NEW VANILLA CREAMY COLD FOAM COLD BREW

100% Arabica Iced Cold Brew sweetened with vanilla & topped with a vanilla creamy cold foam.

INTERNATIONAL HOUSE ROAST® COFFEE Free Refills. Regular or Decaf.

ICED COLD **BREW COFFEE**

Naturally smooth, never bitter. 100% Arabica.

SPECIALTY COFFEE

Cappuccino or Latte.

ESPRESSO

HOT CHOCOLATE

FRUIT JUICES

Orange Juice and Apple Juice.

TEA & LEMONADE

Lemonade, Iced Tea or Hot Tea.

2% or Chocolate Milk.

FOUNTAIN DRINKS

Pepsi, Diet Pepsi, Root Beer or 7-UP.

MIMOSA

Sparkling wine and Orange Juice.

Ask for selections.

THE GREAT ONE

Ask your server about the truly Canadian specialty

IHOP Splashers®

NEW STRAWBERRY LEMONADE SPLASHER

A blend of lemonade, 7-UP & strawberry syrup. Topped with fresh blueberries & strawberries.

BLUE RASPBERRY LEMONADE SPLASHER

A blend of lemonade, 7-UP & blue raspberry syrup. Topped with fresh blueberries & strawberries.

MANGO LEMONADE **SPLASHER**

A blend of lemonade, 7-UP & mango syrup. Topped with fresh blueberries & strawberries.

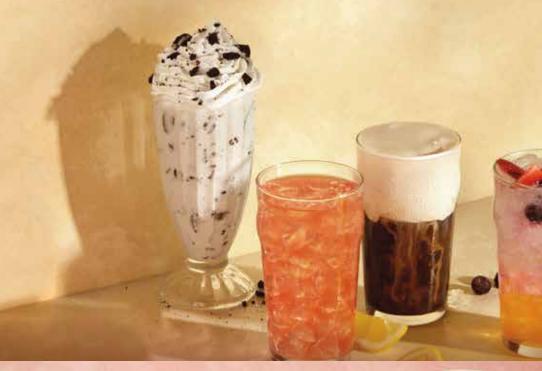
House-Made Milkshakes

OREO® COOKIE

CHOCOLATE

STRAWBERRY Made with real fruit.

VANILLA



PEPSI, DIET PEPSI, the Pepsi Globe, MTN DEW and the MTN DEW logo are registered trademarks of PepsiCo. Inc. OREO® and the OREO® Wafer Design are trademarks of Mondelez International group, used under license MOTT's is a registered trademark of Mott's LLP. Kraft is a registered trademark of Kraft Foods.

The HERSHEY'S trademark is used under license from The Hershey Company.

Desserts

ULTIMATE CHOCOLATE CAKE V

A decadent slice of chocolate cake layered with velvety chocolate mousse on a chocolate cookie crust with chocolate ganache.

CINNAMON DIPPERS

Donut holes tossed in cinnamon sugar. Served with cream cheese icing & dulce de leche caramel sauce.

NEW WAFFLE SUNDAE

Golden-brown Belgian waffle quarter topped with vanilla ice cream, chocolate syrup, whipped topping & choice of fresh strawberries or dulce de leche caramel sauce.

NEW FRESH STRAWBERRIES & CREAM BISCUIT

Warm & flaky buttermilk biscuit split & filled with cheesecake mousse, fresh strawberries, a drizzle of our Old-Fashioned syrup, whipped topping & powdered sugar.

